



HYDRACOACH®

How Well Does Your Bottle Know You?

Calculates

your personal hydration needs

Tracks

your fluid consumption through the day

Paces

you to ensure hydration goals are met

Motivates

you to stay properly hydrated

Experts around the globe agree that proper hydration is fundamental to fitness, weight loss, quick-recovery from training and general health. However, despite the best intentions, many people struggle to drink the recommended quantities of water each day. Our Doctors, Nutritionists and Fitness Trainers all recommend that we drink more water yet there has never been a device to help individuals adhere to the expert's recommendations.

HydraCoach® is the first "intelligent water bottle" that calculates your personal hydration requirements and paces you throughout the day to achieve your goals. It calculates your personal hydration needs, tracks your real-time fluid consumption, paces you throughout the day and motivates you to achieve and maintain optimal hydration.

The HydraCoach® monitors the exact amount of fluid consumed and provides real-time feedback to ensure you are on-track to experiencing all the health benefits of proper hydration. Whether you are a professional athlete or a desk-jockey, the HydraCoach® will motivate you to achieve and maintain optimal hydration all day, every day. The HydraCoach® is the only product of its kind and breakthrough in personal hydration monitoring.



www.hydracoach.co.in



HYDRACOACH®

Brains



Personal Hydration Calculator: Automatically calculates a recommended daily Personal Hydration Goal.



Drink Monitor: Monitors the total amount of fluid consumed through the day.



Average Consumption: Displays the average amount of fluid consumed per hour.



Time Tracker: Displays the amount of time elapsed for the day to reinforce proper pacing.



Sip Tracker: Displays the amount and percentage of fluid consumed relative to your Personal Hydration Goal.

Clock/Date: Displays time of day and date.

It Thinks While You Drink



650ml (22 fl.oz)

Beauty

Soft Silicone Mouth Piece: Angled design for easy tilt drinking.

Finger Ring: Robust nylon ring hooks to your finger or clips to a carabiner.

Easy to Clean: Simply remove head unit and place in dishwasher.

Polycarbonate Shell: Lightweight and durable construction. Engineered to go anywhere.

Benefits

- Transports nutrients and oxygen to cells
- Protects against heat exhaustion
- Regulates body temperature
- Cushions joints
- Suppresses appetite
- Assists the body in metabolizing stored fat
- Relieves fluid retention problems
- Reduces sodium buildup in the body
- Helps to maintain proper muscle tone
- Rids the body of waste and toxins
- Helps convert food into energy
- Maintains strength and endurance
- Protects organs

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